RING RUNNING SERIES 2022
Half marathon and Marathon

November 27, 2022, Hockenheimring

RACE – BRIEFING

We look forward to welcoming you to the third edition of the Ring Running Series at the Hockenheimring! Below you will find all the important information about your start. We ask you to read the information carefully in advance so that you are well prepared for your race and the processes on site. Please visit www.ringrunningseries.com for more information.

1. Schedule

The Ring Running Series will take place on November 27, 2022 at the Hockenheimring. The timing is as follows:

Saturday, November 26

- 15:00 – 17:00 bib number pick up (Parking area Continentalstraße/Entrance Hockenheimring)

Sunday, November 27

- 07:30 opening of the area
- 07:30 – 09:30 bib number pick up Marathon (Kongress-Pavillon / Hockenheimring)
- 07:30 – 10:30 bib number pick up Half marathon (Kongress- Pavillon / Hockenheimring
- 10:00 1. Start Marathon
- 11:00 1. Start Half marathon
- 12:05 first finisher Half marathon
- 12:25 first finisher Marathon
- 13:30 Flower ceremony Top 1-3 male & female Marathon & Half marathon
- 16:00 cut off
- 18:00 closing of the area

2. Anrrival and parking

The address of the Hockenheimring is:

Hockenheim-Ring GmbH
Am Motodrom
68766 Hockenheim

The entrance can be reached via the Continentalstrasse and Motodrom access roads.

You can reach the Hockenheimring by car:

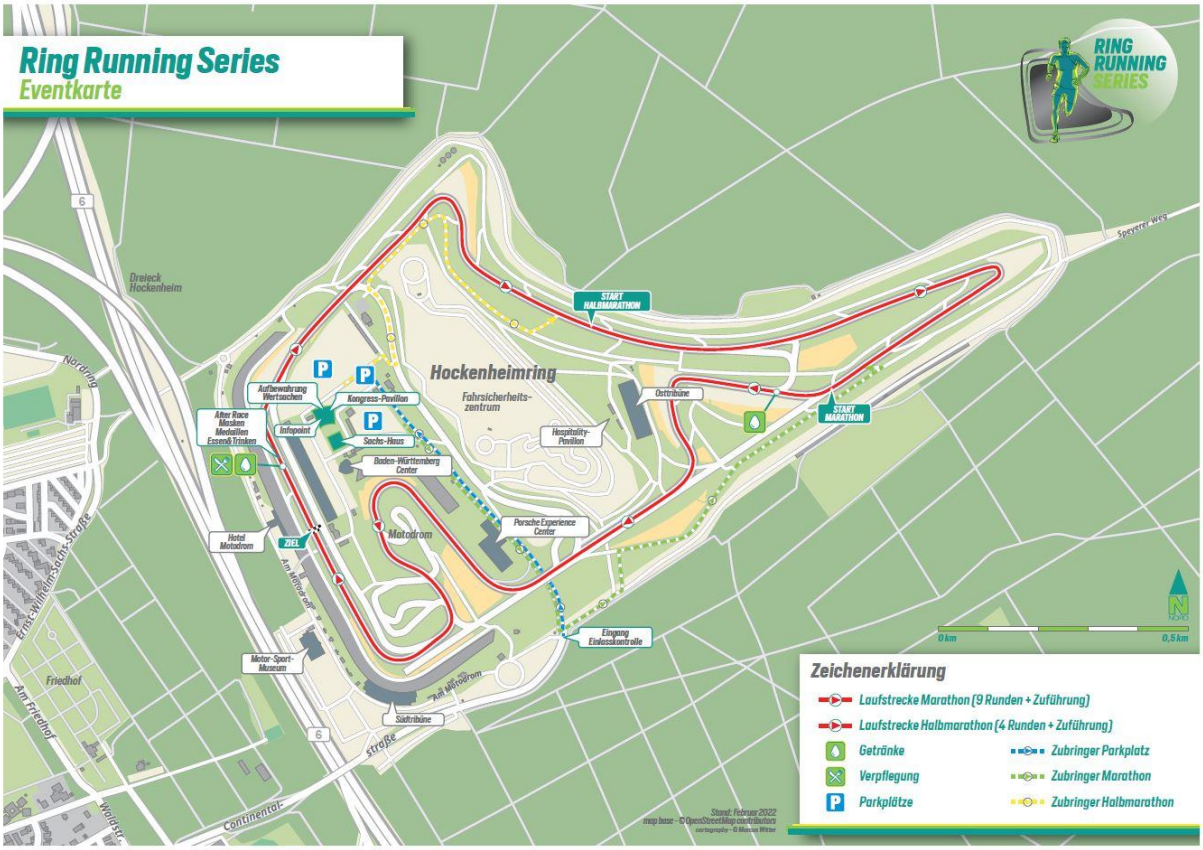
From North:

- A 6 Mannheim/Frankfurt:
  Exit AS 29 „Schwetzingen / Hockenheim“.
- A 61 Koblenz/Köln:
  Exit AS 64 „Hockenheim“, via L 722 nach Hockenheim, from Hockenheim following the pictograms.
- A 5 Heidelberg/Frankfurt:
  Exit AS 39 „Walldorf“, follow the signage on B 39

From South:

- A 5 Karlsruhe/Basel:
  Exit AS 39 „Walldorf“, follow signage on B 39
- A 6 Heilbronn/Stuttgart:
  Change to the A 5 towards Heidelberg/Frankfurt at the “Walldorf” motorway junction. Exit AS 39 "Walldorf", via B 39 following the signs.

On the Hockenheimring grounds, the parking areas in the Sachshaus/Kongress-Pavillion area are available to you free of charge. Spectators can also use these parking spaces free of charge. No ticket is required for spectators.



3. Bib number

You will receive a personal bib number to participate. This can be picked up at the following times at the following locations:

Saturday, November 26, 2022: 15:00 – 17:00 Uhr
Parking area Continentalstraße / Entrance Hockenheimring

Sunday, November 27, 2022: 07:30 – 09:30 Uhr (Marathon) or 07:30 – 10:30 Uhr (Half marathon)
Kongress-Pavillon / Hockenheimring

Within 5-7 days prior to the race, you will be informed about your personal bib number by email. Please bring your email with your bib number and a valid photo ID with you to pick up. The bib numbers can only be picked up on site and will not be sent by post in advance.

The bib number serves to identify you on the event site and to keep your time. Participation in the run is not permitted without a bib number!

Wear your bib number on your chest/stomach at all times during the race. The bib number contains a transponder that is used for timekeeping. Without a transponder there is no timekeeping and no rating! The bib number may not be changed or kinked. Please do not cover your race number (with a jacket or similar) during the run, otherwise timekeeping cannot be guaranteed.
A transfer of the bib number is only possible after prior re-registration. This can be requested in advance by email or carried out on site at the bib number pick up. The transfer fee is 10 euros. (Please note that unauthorized disclosure of the bib number will result in disqualification.)

4. Deposit of valuables

You have the option of depositing your valuables in our luggage depot during the run. The luggage depot is located in the Kongress-Pavillion.
If possible, we ask that you leave large pieces of luggage in your vehicle. Please label your luggage with your bib number on the appropriate labels, which will be provided on site. When you pick up your luggage after the race, you will be identified by your bib number.
You can also hand in your thermal jacket right at the start. You will also receive a label for this. Please write your bib number on the label. You can pick up your jacket at the luggage depot after the race.

5. Toilets

There are mobile toilets every 500m along the course. There are also toilets at the grandstand at the Motodrom as well as in the parking lot and luggage depot area.

6. Start

The marathon start is at the entrance to the east curve (Ostkurve). This can be reached on foot via the signposted path and is located approx. 1.5 km from the parking area. Please take this into account on the way to the start.
The half marathon start is on the Parabolika on the Formula 1 route and can also be reached on foot via the signposted path. The start is about 1km away from the parking lot and the luggage depot. Please take this into account on the way to be at the start in time for your start time.

7. Start procedure

The start takes place in the "rolling start process". This means that every 5 seconds a participant is allowed to start after the appropriate signal.

Marathon:

Bib number 1 – 100:	10:00 – 10:10 Uhr
Bib number 101 – 200:	10:10 – 10:20 Uhr
Bib number 201 – 300:	10:20 – 10:30 Uhr

Half marathon:

Bib number 501 – 700:	11:00 – 11:15 Uhr
Bib number 701 – 900:	11:15 – 11:30 Uhr
Bib number 901 – 1100:	11:30 – 11:45 Uhr
Bib number 1101 – 1300:	11:45 – 12:00 Uhr
Bib number 1301 – 1500:	12:00 – 12:15 Uhr

Please line up independently in the start channel at your assigned start time. The assignment of the starting numbers and the starting times is based on the expected finish time given when registering. The division should ensure a smooth start and race process and enable you to concentrate on your race as best as possible.

8. During the race

The route has been officially measured and has an AIMS certificate. A lap is 4.4 km long.
Marathon: There are 9 laps plus feed to run from the start on the original Formula 1 track of the Hockenheimring.
Half marathon: You have to run 4 laps plus feeding from the start.

After the last lap, the track leads to the finish line on the right-hand side. This is located on the original Formula 1 finish line. Keep left to advance to the next lap of your race if you haven't completed the required number of laps. Each participant is responsible for counting his/her completed laps. A control mat on the track ensures the correct number of laps in the ranking. There are also kilometer signs along the route every 5 km, which will make it easier for you to find your way around.
Unfortunately, we are not allowed to draw the ideal line on the motorsport track. However, you will follow the ideal line by staying 30cm from the inside line at all times.

9. Aid stations

There are two aid stations per lap at a distance of approx. 2.2 km from each other.

Aid station 1: Next to the finish line. This aid station will offer the following:

- Water
- AM Sport® Energy Mineral
- Coca Cola
- Fruits
- AM Sport ® Energy Competition Gels

Aid station 2: Entrance Ostkurve (East curve). This aid station will offer water to refill your fluid balance.

In the finish area there is also an offer to fill up your energy balance after the race:

- Water
- AM Sport® Energy Mineral
- Coca Cola
- Bitburger Alkoholfrei
- Fruits
- Pretzels
- Sweet bakery

10. Finish line

The finish line is located on the original Formula 1 finish line. Nach überqueren der Ziellinie erhältst du deine Finisher-Medaille. In der Boxengasse, unmittelbar nach der Ziellinie befindet sich die überdachte Zielverpflegung, bei der du deinen Energiespeicher wieder auffüllen kannst.

11. Medal engraving

In the finish area you have the option of having your medal engraved with your name and your net running time. If you did not order your engraving when you registered, you can purchase it at the medal engraving stand for €10. The engraving is done on site.

12. T-Shirts

If you ordered the official Ring Running Series polo shirt when you registered, you can pick it up on November 27, 2022 at the info point in the convention pavilion. There is also the option of purchasing a polo shirt on site (€35 while stocks last).

13. Photos

FinisherPix is the official photo partner of the Ring Running Series. Approximately 24 hours after the race you will find your personal race pictures on www.finisherpix.com . If you did not pre-order your pictures when you registered, you can order them directly from the FinisherPix website. Pre-ordered photo packages will be emailed to you with a download link as soon as the photos are online. For further questions about your photos, please contact support@finisherpix.com

14. Corona regulations

During the entire event, the regulations of the state of Baden-Württemberg valid at the time of the race apply to participants and spectators alike. We also recommend compliance with the usual hygiene measures.

15. Spectators

Spectators can follow the race directly along the route or take a seat on the inner grandstand C (Motodrom). Admission is free.

We wish you a safe journey to the Hockenheimring and we look forward to welcoming you!

Your Ring Running Series – Team

info@ringrunningseries.com
www.ringrunningseries.com
#ringrunningseries
Facebook/Instagram: @ringrunningseries